

# **INFORMED CONSENT FORM**

Dr. ANA VERENA MENDES
Medical Director
CREMEB 15976

PATIENT: 900000 TEST SINGLE PATIENT DO NOT CREATE ANOTHER SERVICE: 0013720742 DATE:04/12/2024

ONE **BIRTH:** 01/22/1980

AGE: GENDER: Male

UNIT:

HOSPITAL. PERIOD:

**INSURANCE:** PRIVATE(CBHPM)(PAID)

PLAN: STANDARD PLAN

## - SURGICAL PROCEDURE -

I hereby state that:

#### **DIAGNOSIS AND TREATMENT**

I was duly informed, in clear and objective language by the physician, that the assessments and exams carried out revealed the following change(s) and/or diagnostic hypothesis(es):

**DIAGNOSIS:** Z000 - GENERAL MEDICAL EXAMINATION

And based on this diagnosis, I was recommended the following treatment/procedure:

- SURGICAL PROCEDURE

Details or additional procedures:

NO

LATERALITY:

RIGHT

☐ LEFT

BILATERAL

■ NOT APPLICABLE

#### **DESCRIPTION OF PROCEDURE**

I state that I have received the instructions below, including details of the access route (open/cut, endoscopy, videolaparoscopy or robotically assisted) and organs that will be covered.

Additional description of procedure:

NO

#### **EXPECTED BENEFITS**

Such support measures are intended to achieve better clinical stability for the patient.

Surgical treatment does not guarantee that it will not be necessary to remain hospitalized for treatment with antibiotics and/or clinical recovery such as the ability to eat adequately, pain control, among others.

Additional expected benefits:

NO

# ALTERNATIVES AND POTENTIAL CONSEQUENCES OF NOT HAVING THE PROCEDURE PERFORMED

Alternatives to treatment have been discussed together with the responsible physician, according to the clinical picture presented to prevent the worsening of the patient's clinical condition.

Additional alternatives and consequences:

NO

# POTENTIAL RISKS OF THE PROCEDURE

The decision to undergo surgery in the vast majority of cases is personal and patients themselves decide whether the benefits will be in line with their goals and whether the risks and potential complications are acceptable.

Potential risks associated with surgery are: bleeding; infection of the surgical site with or without the need for new surgical procedures; injury to other organs; conversion to open surgery (by cutting), if initially opted for a minimally invasive procedure; poor healing, inflammation and formation of keloids at surgical incision sites; incisional hernia; pain, which may last long; urinary retention; anesthetic risks; other care-associated infections, such as urinary and respiratory infections; cardiovascular complications (including heart attack); thrombosis; other risks, but not described herein, such as cardiac arrest and its implications, which can lead to death.

I am aware that minimally invasive procedures (robot-assisted, video-assisted, or endoscopic procedures), for technical or patient-related reasons, may be converted to more conventional techniques, partially or completely, when the initially proposed technique proves to be unfeasible or of major risk.

Complications associated with this procedure/surgery, although uncommon or rare, range from simple injuries to more complicated injuries not described herein that may require follow-up in the intensive care unit after surgery.

I understood that this procedure/surgery is one of the treatments of choice for the current clinical condition; however, it may not be the cure for such condition.

I understood that there is no absolute guarantee about the results to be obtained, regardless of the type of surgery, good surgical and anesthetic technique and efficiency of medical care.

I am aware that, during the procedure, other unpredictable situations that have not yet been diagnosed or emergencies may occur that require changes to the proposed procedure.

I am aware that there may be a need for a blood transfusion.

I was informed about the possibility of experiencing pain during and after the procedure, and about the measures adopted by the institution to manage such pain.

Additional potential risks:

NO

## **REHABILITATION**



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**UNIT:** 

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I was informed that, after the surgery, I will be responsible for the use of medications, for attending follow-up appointments, and that I must

strictly follow the healthcare guidelines provided by the team taking care of me. Financial investment will be required in medications, transportation to appointments and personal care. I also understand that psychological and emotional aspects are factors that can have an

impact on the entire recovery process.

I am aware that the post-operative rehabilitation process is important for a good result and consists of a variable period defined by my physician based on the characteristics of my diagnosis and the procedure performed. The recovery period for patients undergoing treatment is very important and varies according to individual characteristics and the treatment received, and it is up to me to strictly follow medical recommendations for better post-surgical adaptation and recovery.

Additional rehabilitation guidelines: NO

## **AUTHORIZATION OF PATIENT OR RESPONSIBLE PERSON**

On my own initiative, I accept taking the above-mentioned risks and give voluntary permission/authorization for the procedure(s) to be performed as set out in this form, including the procedures necessary to try to resolve the unpredictable and/or emergency situations, which must be conducted and resolved according to the unique convenience of each event.

This authorization is given to the physician identified below, as well as their assistant(s) and/or other professional(s) selected by the

I authorize [ ] Yes [ ] No filming/taking photos of the surgical site (preserving the patient's identity), as well as the dissemination of said images for scientific purposes, without any financial burden, in the present or future.

I authorize the anatomopathological examination on materials that are removed during the procedure by a pathology laboratory associated with Hospital São Rafael S.A.

I had the opportunity to have all my questions answered regarding the procedure(s), after reading and understanding all the information herein, before signing this document. I was informed about the procedure(s) and associated risks, potential alternatives to the procedure, the consequences of not having the proposed examination/treatment/procedure performed and the problems that may occur during recovery. After understanding the explanations I received, having all my questions answered and being fully satisfied with the information received, I

reserve the right to revoke this consent before the procedure(s), the subject matter of this document, is performed.

I state that I have received instructions prior to the procedure.

Salvador,	20:(hh:min)		
	Patient	or	Responsible Person
			In case the patient is a minor or has a legally responsible person or cannot sign this document.
	Representative / Legally	y Respon	sible Person:
			ID:
		ı	Relationship:

# STATEMENT OF PHYSICIAN

I CONFIRM that I have explained in detail to the patient and/or their family member(s), or responsible person(s), the purpose, benefits, risks, and alternatives for the treatment(s)/procedure(s) described above, answering the questions asked by them, and clarifying that the consent that is now granted and signed may be revoked at any time before the procedure. According to my understanding, the patient or their responsible person is able to understand what was informed.

Salvador, 04/12/2024 12:55:09