

VALUE IN FOCUS

REDE D'OR OBSERVATORY



REDE D'OR

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VALUE IN FOCUS

REDE D'OR OBSERVATORY



Measuring outcomes means seeing the real impact of healthcare on people's health, lives, and confidence. Purposeful outcomes reflect more than just numbers: they reveal how much impact, value, and transformation healthcare generates.



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OPENING MESSAGE

Transparency in the disclosure of results is one of the pillars for strengthening a culture of quality and safety in healthcare. It represents an ethical commitment to patients, professionals, and society. Making the results achieved visible—whether clinical, care-related, or related to the care experience—is an essential step in promoting learning, trust, and continuous improvement.

This report presents indicators of care quality and patient safety, complemented by measures reported by the patients themselves: PROMs (Patient-Reported Outcome Measures). This combination provides a more complete view of the performance of institutions and the value delivered to those who matter most — patients and their families.

While traditional clinical outcomes (“hard outcomes”) reflect the technical effectiveness of care, PROMs and PREMs (Patient-Reported Experience Measures) broaden this perspective by incorporating the patient’s voice on the real impact of treatment on their life and on their experience during care. Together, these data strengthen evidence-based decision-making, guide process improvement, and reinforce the commitment to more humane, safe, and value-centered care.

PROMs are much more than simple questionnaires—they are an open window into the patient experience. While tests and clinical indicators measure what the body shows, PROMs reveal what the body feels. They translate into data what has long been restricted to the lines between consultations: the pain that persists, the fatigue that limits, the fear that accompanies, the improvement that, for the patient, finally makes sense.

PROMs capture this difference between “curing” and “caring.” They are the patient’s voice converted into evidence — and one of the most powerful ways to humanize health outcome management.

In this **VALUE IN FOCUS**, we will present the results of the Technical Quality Indicators (IQT) monitored over the last 10 years in the Rede D’Or Hospitals

(adult profile) for which we have external comparative benchmarks and experience monitoring data reported by patients (PROMs) in some lines of care.

Thus, this document seeks not only to present results, but also to stimulate reflection and learning—contributing to the construction of a more transparent, sustainable healthcare system guided by what really matters: the quality of life and trust of the people we care for.

Enjoy your reading!



Doctor Helidéa Lima

EXECUTIVE SUMMARY

Care excellence and data governance at Rede D'Or

Since the inauguration of the Rede's first hospital, Hospital Barra D'Or, in 1998, Rede D'Or has based its management model on the technical quality perceived by its customers — doctors and patients — as an essential pillar of financial sustainability.

The Technical Quality Program reflects a solid commitment to the highest standards of excellence in the medical services provided. Management by processes is a distinguishing feature that connects all business units, enabling the measurement of healthcare indicators—a fundamental element for quality management in healthcare services. Through these indicators, it is possible to transform care data into concrete information that guides decisions, identifies opportunities for improvement, and promotes patient safety.

Measuring indicators require well-structured technical data sheets, ensuring reliable and comparable results. Throughout its history, Rede D'Or has been monitoring the results of its hospital units, continuously strengthening the culture of quality and care safety throughout the network. The organization has experienced significant growth, consolidating itself as a benchmark in hospital care in Brazil. This successful trajectory reflects not only numbers, but also the continuous improvement in the quality, safety, and efficiency of the services provided to patients. This progress is the result of a strategic vision that values innovation, excellence in care, and a commitment to patient health and well-being.

However, Rede D'Or's results go far beyond the numbers. The success of this expansion is based on strategic management that integrates modern infrastructure, technology, and adaptability to new demands in the healthcare sector. Rede D'Or stands out for its process digitization, implementation of integrated electronic medical records, and the use of advanced diagnostic and therapeutic technologies, which reinforce safety and efficiency in care.

The institution also adopts an internal benchmarking model, ensuring that all units maintain uniform standards of quality, safety, and efficiency. Continuous investment in team training and a focus on employee well-being and engagement ensure that each unit preserves Rede D'Or's values and mission of providing exceptional care at all levels of service.

The creation of the Rede D'Or Observatory, an initiative of the Corporate Quality area aimed at monitoring and disseminating the evolution of key technical quality indicators, is a unique feature. The Observatory is a strategic tool that promotes transparency, supports decision-making, and strengthens a culture of continuous improvement, in addition to enabling benchmarking between units. With the Observatory, Rede D'Or reaffirms its commitment to transparency, excellence, and patient-centered care, integrating technical quality, sustainability, and human experience into a nationally recognized healthcare model.

In this report – VALUE IN FOCUS – we also add the **experiences of measuring PROMs (Patient-Reported Outcome Measures)** in some strategic **lines of care**, reinforcing Rede D'Or's commitment to **patient-centered assessment**. The incorporation of PROMs represents a significant advance in the measurement of healthcare outcomes, as it allows us to understand, from the patient's perspective, **the impact of treatment on their quality of life, functionality, and well-being**.

This initiative broadens the traditional view based on clinical and operational indicators, promoting a more comprehensive and humane approach to healthcare. The use of PROMs strengthens the cycle of continuous improvement, contributing to more assertive clinical decisions, personalized therapies, and greater transparency in the communication of healthcare outcomes.

Rede D'Or



Business Drivers

Mission

To provide highly effective medical and hospital care, with qualified and motivated teams, respecting ethics and the individual in their social and environmental context.

Vision

To be a benchmark in hospital management and medical services, based on the highest technical standards and social and environmental responsibility.

Values

- Competence
- Credibility
- Sustainable development
- Humanization
- Integrity
- Respect

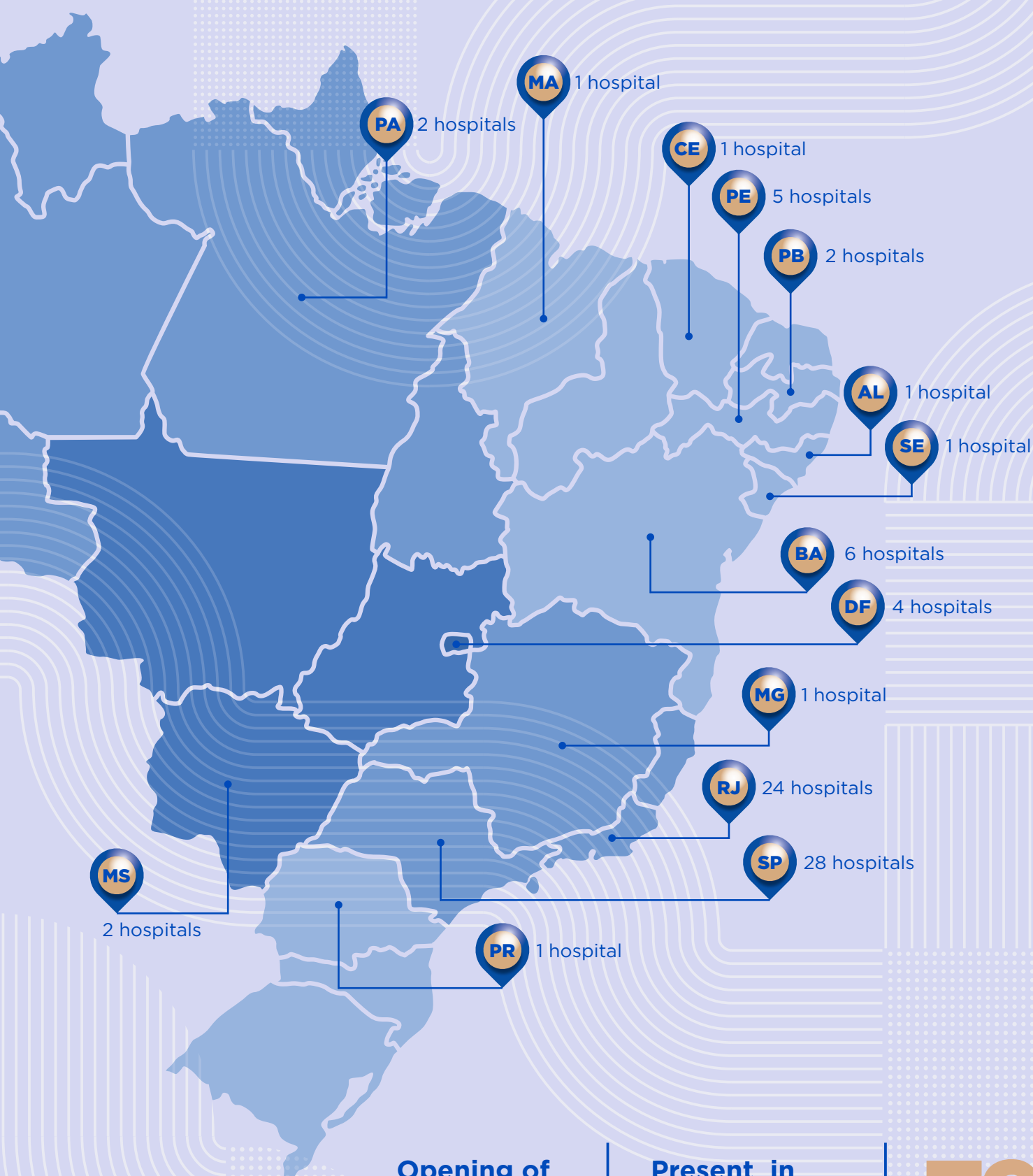


Institutional Profile

Rede D'Or operates hospitals in the states of Alagoas, Bahia, Ceará, Maranhão, Mato Grosso do Sul, Minas Gerais, Pará, Paraíba, Paraná, Pernambuco, Rio de Janeiro, São Paulo, and Sergipe, as well as the Federal District. Annually, the Network serves more than 5.6 million patients in emergency rooms, performs 519,000 surgeries, 44,000 deliveries, and has more than 13,000 beds. Our team consists of more than 79,000 employees and 115,000 partner physicians, who work daily to satisfy our customers, always focusing on the quality of services provided and the health and safety of patients.



Rede D'Or **By States**



Opening of
6 new
hospitals
in 2024

Present in
13 states
+ Federal
District

79
hospitals

ALAGOAS

Hospital Memorial
Arthur Ramos

BAHIA

Hospital Aeroporto

Hospital Aliança

 Hospital Aliança Star

Hospital Cárdio
Pulmonar

Hospital Santa Emília

Hospital São Rafael

CEARÁ

Hospital São Carlos

DISTRITO FEDERAL

Hospital Coração do
Brasil

Hospital DF Star

Hospital Santa Helena

Hospital Santa Luzia

MARANHÃO

Hospital UDI

MATO GROSSO DO SUL

Hospital Proncor

Hospital Santa Marina

MINAS GERAIS

Hospital Biocor

PARÁ

 Hospital 5 de Outubro

 Hospital Yutaka Takeda

PARAÍBA

HNSN Epitácio

HNSN Jardim Botânico

PARANÁ

Hospital Santa Cruz

PERNAMBUCO

Hospital Esperança
Olinda

Hospital Esperança
Recife

Hospital Memorial São
José

 Hospital Memorial Star

Hospital São Marcos

RIO DE JANEIRO

Hospital Badim

Hospital Balbino

Hospital Bangu

Hospital Barra D'Or

 Hospital Barra D'Or
Pediátrico

Hospital Caxias D'Or

Hospital Copa D'Or

Hospital Copa Star

 Hospital da Criança RJ

Hospital Glória D'Or

Hospital Jutta Batista

 Hospital Macaé D'Or

Hospital Niterói D'Or

Hospital Norte D'Or

Hospital Oeste D'Or

Hospital Perinatal Barra

Hospital Perinatal
Laranjeiras

Hospital Quinta D'Or

Hospital Real D'Or

Hospital Rio Barra

Hospital Rios D'Or

Hospital Samer

Hospital São Lucas
Macaé

Hospital São Vicente

SÃO PAULO

Hospital Antônio Afonso

Hospital Assunção

Hospital Bartira

Hospital Brasil

Hospital Brasil Mauá

Hospital Central do Tatuapé

Hospital Central Leste

Hospital Central Oeste

Hospital Central Sul

Hospital da Criança SP

Hospital IFOR

Hospital Novo Atibaia

Hospital Orthoservice


Hospital Ribeirão Pires

Hospital Santa Isabel

 Hospital São Luiz
Alphaville

Hospital São Luiz Anália
Franco

Hospital São Luiz
Campinas

 Hospital São Luiz
Guarulhos

Hospital São Luiz Itaim

Hospital São Luiz
Jabaquara

Hospital São Luiz
Morumbi

Hospital São Luiz
Osasco

Hospital São Luiz
São Caetano

Hospital Vila Nova Star

Hospital Villa Lobos

Hospital Vivalle

Maternidade São Luiz
Star

SERGIPE

Hospital São Lucas

 New Hospital
 Under Management

Technical Quality Results

The disclosure of technical quality indicators is an essential pillar of transparency and results-oriented management. However, for this data to generate real value, enabling consistent interpretations and evidence-based decisions, it is essential that it be comparable.

SECTION

1

Having external benchmarks, such as those from the National Association of Private Hospitals (ANAHP) and the Epimed system, ensures that the results of Rede D'Or hospitals can be analyzed within a broader context, considering similar realities and standards. This comparability allows for the identification of opportunities for improvement, recognition of excellence in performance, and assurance that the variations observed reflect care practices rather than methodological or structural differences in measurement.

Furthermore, comparable data strengthens the credibility of public disclosure of results, as it demonstrates a commitment to transparency, institutional responsibility, and the continuous pursuit of quality care.

Comparability ensures that results are interpreted fairly and in context, highlighting advances, opportunities for improvement, and outstanding best practices. More than just numbers, it is about demonstrating transparency, commitment to quality, and responsibility in delivering value in healthcare.

Below are the Technical Quality Indicators (IQT) monitored in Rede D'Or hospitals that have comparative benchmarks, reinforcing the continuous pursuit of excellence in care and improvement in clinical outcomes.

ADULT TECHNICAL QUALITY INDICATORS/REDE D'OR WITH EXTERNAL COMPARATIVE REFERENCE

QT01	Average length of stay (Adult ICU)
QT02	Rehospitalization rate in closed units within 24 hours (Adult ICU) Standardized hospital mortality rate (Observed/Expected) - (Adult ICU)
QT06	Incidence density of laboratory-confirmed primary bloodstream infection associated with central venous catheter - IPCS with CVC - Adult ICU (‰)
QT07	Incidence density of urinary tract infection associated with indwelling urinary catheter - UTI with IUC in Adult ICU (‰)
QT08	Incidence density of ventilator-associated pneumonia - VAP in Adult ICU (‰)
QT09	Incidence density of falls in adult patients (‰)
QT10	Incidence density of pressure injuries in adult patients (‰)

Average length of stay - ICU Adult



*Own hospitals

● Rede D'Or

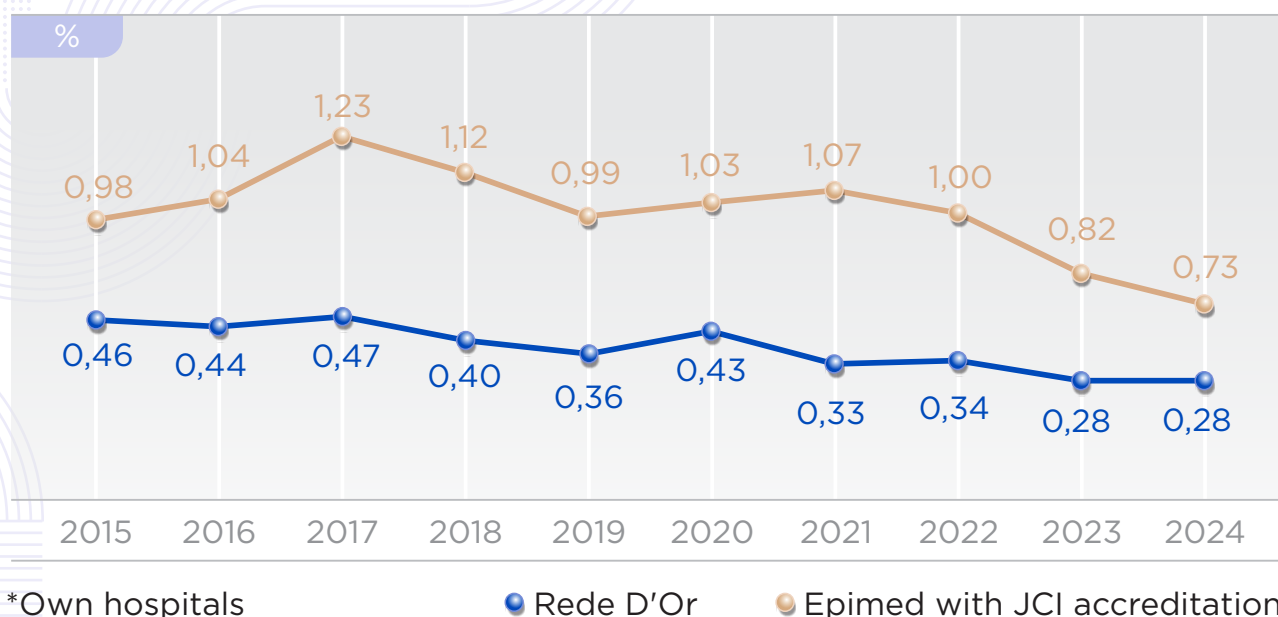
● Epimed with JCI accreditation

13% cumulative reduction (2015-2024)

The Average Length of Stay in the Adult ICU measures the average length of stay for patients assigned to intensive care beds. This indicator is essential, as longer hospitalizations increase the risk of complications such as infections, prolonged immobility, and other clinical complications. By reducing the length of stay without compromising patient safety, we promote safer and more efficient critical care, ensuring better recovery and optimization of hospital resources.

Since 2015, the average length of stay in the adult ICU at Rede D'Or hospitals has decreased significantly, from 5.48 to 4.75 days—an improvement of 13%. This progress reflects the implementation of more efficient clinical protocols, the coordinated work of care teams, and the adoption of integrated, evidence-based practices that promote safer and more timely discharges. This achievement becomes even more relevant when we analyze the national scenario. During the same period, JCI-accredited hospitals using Epimed, one of the leading clinical data management systems in ICUs, recorded a 2% increase in the average length of stay in intensive care.

Readmission rate in closed units within 24 hours - Adult ICU



39% cumulative reduction (2015-2024)

Readmission to the adult ICU within 24 hours is a strategic indicator for assessing the quality of the intensive care discharge process. It measures the rate of patients who return to the ICU within 24 hours of discharge, an event that may indicate failures in assessing the patient's clinical stability at the time of discharge. Early readmissions are associated with worse clinical outcomes, increased risk of complications, and greater use of hospital resources. Therefore, ensuring that ICU discharge is done at the appropriate time is essential for patient safety.

Since 2015, Rede D'Or has significantly reduced the rate of early readmission to the ICU, from 0.46% to 0.28% in 2024—an improvement of 39%. This reduction is directly related to a rigorous structured discharge process, ensuring that patients only leave the ICU when they are in a safe clinical condition. In addition, this performance exceeds the national trend when compared to the rates observed in JCI-certified hospitals registered in the Epimed system. It is important to note that this reduction in the readmission rate occurred in parallel with a decrease in the average length of stay in the ICU. Our focus on managing discharge criteria and proper clinical assessment ensured shorter hospital stays without increasing the risk of early readmission. Safe discharge, shorter ICU stays, and better clinical outcomes. This is Rede D'Or's commitment to excellence in patient care.

Standardized hospital mortality rate (observed/expected) - Adult ICU



*Own hospitals

● Rede D'Or

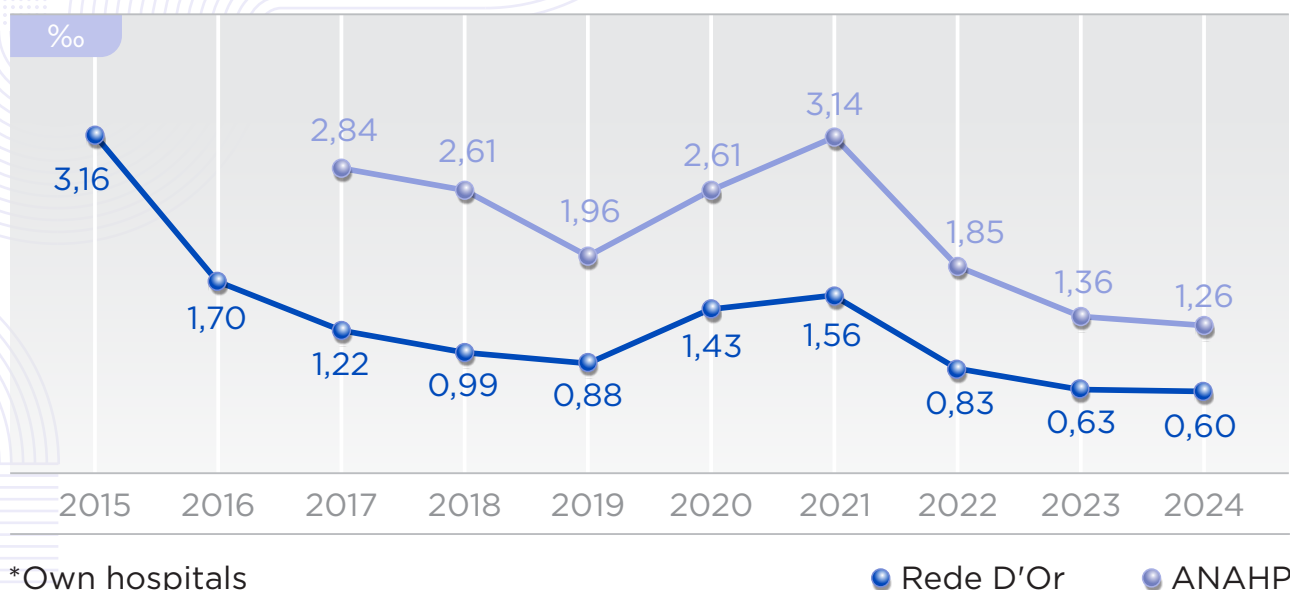
● Epimed with JCI accreditation

28% cumulative reduction (2017-2024)

The *Simplified Acute Physiology Score 3* (SAPS 3) is a score used to estimate the probability of hospital mortality in patients admitted to the ICU in the first hours of hospitalization. Our results show a lower SAPS 3, both in comparison with our historical series and in comparison with other institutions. This pattern may reflect, among other factors, greater availability of ICU beds, with faster admission and timely access to higher levels of care when indicated.

When comparing Rede D'Or data with that of JCI-accredited hospitals registered in the Epimed system, Rede D'Or shows superior performance in key indicators of quality and safety of care in adult ICUs.

Incidence density of laboratory-confirmed primary bloodstream infection associated with central venous catheterization (IPCS with CVC) in adult ICUs



81% cumulative reduction (2015-2024)

The Incidence Density of Central Venous Catheter (CVC)-Associated Bloodstream Infections in adult ICUs measures the number of CVC-related infections per 1,000 central venous catheter-days. This indicator is essential, as CVC-associated infections increase the risk of severe sepsis, prolong hospital stays, and increase hospital mortality. Over the past 10 years, Rede D'Or has reduced this rate by 81%, reaching a rate of 0.60% in 2024, a result significantly below the national average and that of ANAHP hospitals, which record a rate of 1.26% in 2024.

This achievement is directly linked to a set of managed strategies, such as: the use of CVC insertion and maintenance packages based on best practices from the Surviving Sepsis Campaign and CDC Guidelines; active, real-time monitoring of infections through surveillance systems, enabling early intervention, continuous training of healthcare teams, and audits of adherence to safety bundles and rationalization of catheter retention, with structured protocols for early removal whenever clinically possible. The quality of care is measured by numbers, but it translates into lives saved.

Incidence density of urinary tract infection associated with indwelling urinary catheter - UTI with CVD in adult ICU



78% cumulative reduction (2015-2024)

The Incidence Density of Urinary Tract Infection Associated with Indwelling Urinary Catheters (IUVC) in adult ICUs measures the incidence of this event per 1,000 days of urinary catheter use, considering patients who used the device for more than two days and who showed signs and symptoms of infection. In recent years, Rede D'Or has implemented advanced prevention and control strategies, resulting in a significant 78% reduction in the rate of urinary tract infections associated with CVCs. The rate fell from 2.03% to 0.44% between 2015 and 2024, a performance significantly higher than the average for ANAHP hospitals, which recorded a density of 0.72% in 2024. This progress reflects the adoption of a set of evidence-based interventions, including the rigorous implementation of protocols for catheter insertion, maintenance, and early removal, with continuous monitoring of the need for the device and continuing education and clinical audit programs to ensure team adherence to best care practices.

Incidence density of ventilator-associated pneumonia - VAP with MV in adult ICUs



*Own hospitals

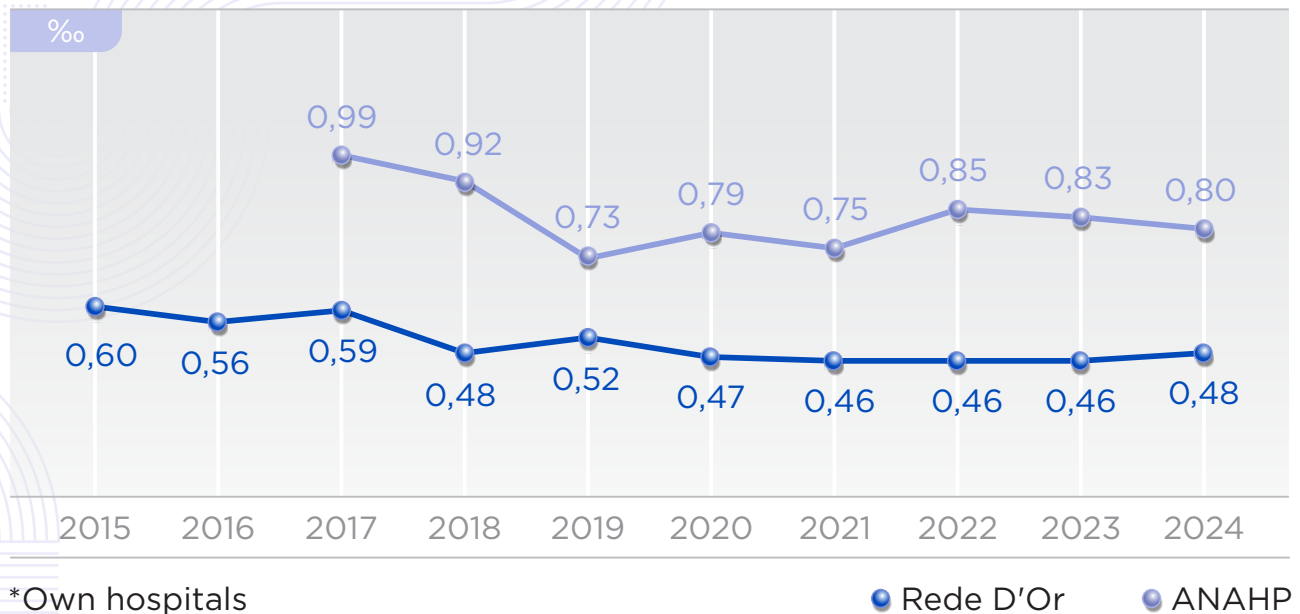
● Rede D'Or

● ANAHP

72% cumulative reduction (2015-2024)

The incidence density of Ventilator-Associated Pneumonia (VAP) in adult ICUs measures the incidence of VAP per 1,000 days of mechanical ventilation, considering patients who used invasive mechanical ventilation for more than two days and presented signs and symptoms compatible with this infection. Since 2015, Rede D'Or has reduced the VAP density from 3.90‰ to 1.08‰ in 2024, a 72% drop, showing significant advances in the prevention and management of mechanical ventilation. This performance exceeds the average for ANAHP hospitals, which recorded a density of 2.48‰ in 2024.

Incidence density of falls in adult patients



20% cumulative reduction (2015-2024)

The incidence of hospital falls is an important metric that assesses the ratio between the total number of falls recorded—with or without injury—and the number of patient days, allowing for an accurate analysis of the quality of care in hospitals. Falls can result in serious complications, such as fractures, bleeding, head trauma, and increased length of stay. Understanding the severity of these consequences, Rede D'Or invested in standardizing prevention protocols, resulting in a 20% reduction in the incidence of falls, from 0.60‰ to 0.48‰ over the last eight years.

This performance exceeds the average for ANAHP hospitals, which recorded a rate of 0.80‰ in 2024. Preventing hospital falls is a complex challenge that requires a deep understanding of the interventions needed to achieve the desired results. In addition to reducing the incidence of falls, minimizing the damage caused by these falls has an even more significant impact on patients' clinical progress. The incidence of falls with injuries in Rede D'Or hospitals has been below the ANAHP benchmark since 2019, reflecting effective adherence to injury mitigation measures, especially in patients at higher risk for falls.

Incidence density of pressure injuries in adult patients



*Own hospitals

● Rede D'Or

● ANAHP

69% cumulative reduction (2015-2024)

Pressure Injury Density measures the incidence of injuries acquired in hospital, calculating the proportion of patients who developed stage 2 or higher lesions in relation to the total number of hospitalized patients. These lesions are classified according to the severity of tissue damage and occur due to prolonged pressure on the skin and underlying tissues. Pressure injury is a significant adverse event because it can cause pain, increase the risk of infection, require additional interventions, and prolong hospital stays. Therefore, its prevention is considered a key indicator of quality of care and patient safety.

In recent years, Rede D'Or has made significant progress in preventing pressure injuries, reducing their incidence by 69%, from 0.91% to 0.28%. This performance reflects a set of care measures, such as continuous risk monitoring using standardized scales to stratify the most vulnerable patients upon admission, the application of care protocols that ensure proper positioning, use of pressure redistribution surfaces, regular decubitus changes, and skin care, in addition to the continuous training of multidisciplinary teams for the correct identification of PIs and adoption of best preventive practices. Strengthening clinical auditing has also contributed to strengthening the early identification system for injuries, ensuring faster interventions with less damage.

Value in Focus PROMs

Monitoring quality indicators and continuity of care: from the hospital to life after discharge.

SECTION

2

Monitoring technical quality indicators, such as mortality rates, readmission rates, adverse events, and length of stay, is essential for assessing healthcare performance and ensuring the safety and effectiveness of care during hospitalization. These so-called “hard outcomes” reflect the ability of institutions to provide safe, evidence-based care centered on well-structured processes.

In Rede D’Or’s management model, these technical quality indicators (IQT) have been monitored in all hospitals for over 10 years. In addition to evaluating the unit’s performance, they are also useful in identifying benchmarks and sharing best practices so that we can increasingly achieve better performance across the network.

Furthermore, the use of PROMs (Patient-Reported Outcome Measures) broadens understanding of the impact of care by incorporating the patient’s perspective. These indicators measure outcomes perceived directly by the user—such as pain, functionality, and quality of life—and allow for the evaluation not only of clinical success, but also of the value delivered from the point of view of those receiving care. By integrating PROMs with technical indicators, Rede D’Or strengthens a more comprehensive view of quality, balancing care performance and the actual patient experience.

- **Examples:** EQ-5D, SF-36, PROMIS-10, HOOS-PS, Barthel.
- Each form addresses several dimensions, for example EQ-5D-5L (EuroQol-5 Dimensions 5 Levels).

Monitoring PROMs at Rede D'Or

Care Line	Condition
Longevity	General Health of the Elderly
Transplants	Bone Marrow Transplant
	Kidney Transplant
	Liver Transplant
Neurology	Stroke
Pulmonology	Asthma
Clinical Emergencies	Sepsis
Cardiology	Heart Failure Acute
	Myocardial Infarction

PROMs (Patient-Reported Outcome Measures)

PROMs are much more than simple questionnaires—they are an open window into the patient's experience. **While clinical tests and indicators measure what the body shows, PROMs reveal what the body feels.** They translate into data what has long been restricted to the lines between consultations: the pain that persists, the fatigue that limits, the fear that accompanies, the improvement that, for the patient, finally makes sense.

Imagine a surgeon who measures the success of an operation by the absence of complications. Clinically, everything went well. But the patient, even with the wound healed, still has pain when walking, or feels insecure about resuming their activities. **PROMs capture this difference between “curing” and “caring.”** They are the patient's voice converted into evidence — and one of **the most powerful ways to humanize health outcome management.**

Senior Care Line Experience

D'Or Longevity

The aging population in Brazil is a great achievement, and it continues to accelerate. The number of elderly people in Brazil has grown by 57.4% in 12 years. According to the census, there are now more than 32 million Brazilians over the age of 60, representing more than 15% of the national population (IBGE). Given this scenario, understanding the market signals and growing demand, Rede D'Or, through corporate management (External Services), developed the D'Or Longevity program. The program is nationwide, with the goal of promoting personalized care for patients over 60, especially frail patients.

The Clinical-Functional Vulnerability Index (IVCF-20) is used to assess patients' quality of life. This is a validated tool widely used to assess the degree of vulnerability of elderly people, considering clinical, functional, cognitive, and psychosocial dimensions. Its systematic application has proven to be a fundamental strategy for improving the quality of health care for the elderly, as it

allows for a comprehensive, individual-centered assessment. The total score ranges from 0 to 40 points, with a higher score indicating greater vulnerability.

The use of the IVCF-20 enables risk stratification and early identification of situations of frailty, guiding the development of personalized care plans and the appropriate allocation of care resources. In this way, it contributes to the adoption of preventive interventions and the organization of more decisive and coordinated care flows between different levels of care.

The IVCF-20 is a questionnaire with 20 questions divided into eight sections: age, self-perceived health, functional status, cognition, mood, mobility, communication, and comorbidities. It is a validated questionnaire for screening health vulnerability in older adults and can also be used to assess quality of life.

The incorporation of IVCF-20 into patient assessment and follow-up routines represents an important step in consolidating a value-based care model that prioritizes meaningful outcomes for patients, system sustainability, and quality of care.

In the period 2024-2025, we monitored more than 25,000 patients in 35 hospital units, of which 63% were classified as pre-frail and frail.

Robust	9.333	37%
Fragile	8.827	35%
Pre-fragile	7.223	28%
	25.383	

We administered the IVCF-20 questionnaire to 15,858 patients, with 6,950 responses and an adherence rate of 44%. The average IVCF-20 score was 20.24, ranging from 13.17 to 34.33.

Next, we present the results of the questionnaire (IVCF-20) administered in 35 Rede D'Or hospital units (frail and pre-frail patients) in the period 2024/2025.

D'Or Longevity – IVCF Results - 20

REDE D'OR

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	24%	76%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	56%	44%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	62%	38%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	53%	47%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	69%	31%
Question 7	Has a family member or friend said that you are becoming forgetful?	42%	58%
Question 8	Has this forgetfulness gotten worse in recent months?	68%	32%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	68%	32%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	79%	21%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	49%	51%
Question 12	Are you unable to raise your arms above shoulder level?	88%	12%
Question 13	Have you had any difficulty handling and holding small objects lately?	85%	15%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	89%	11%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	54%	46%
Question 16	Have you had two or more falls in the last year?	86%	14%
Question 17	Have you ever had unintentional leakage of urine or feces?	63%	37%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	80%	20%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	87%	13%

HOSPITAL ANÁLIA FRANCO

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	57%	43%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	72%	28%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	73%	27%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	76%	24%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	86%	14%
Question 7	Has a family member or friend said that you are becoming forgetful?	54%	46%
Question 8	Has this forgetfulness gotten worse in recent months?	76%	24%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	76%	24%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	84%	16%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	50%	50%
Question 12	Are you unable to raise your arms above shoulder level?	93%	7%
Question 13	Have you had any difficulty handling and holding small objects lately?	92%	8%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	72%	28%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	58%	43%
Question 16	Have you had two or more falls in the last year?	75%	25%
Question 17	Have you ever had unintentional leakage of urine or feces?	59%	41%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	84%	16%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	78%	22%

HOSPITAL ALIANÇA

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	7%	93%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	81%	19%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	83%	18%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	54%	46%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	50%	50%
Question 7	Has a family member or friend said that you are becoming forgetful?	85%	15%
Question 8	Has this forgetfulness gotten worse in recent months?	84%	16%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	84%	16%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	85%	15%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	91%	9%
Question 12	Are you unable to raise your arms above shoulder level?	95%	5%
Question 13	Have you had any difficulty handling and holding small objects lately?	93%	8%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	99%	1%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	43%	57%
Question 16	Have you had two or more falls in the last year?	91%	9%
Question 17	Have you ever had unintentional leakage of urine or feces?	60%	40%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	100%	0%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	98%	3%

HOSPITAL ASSUNÇÃO

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	13%	87%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	47%	53%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	45%	55%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	43%	57%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	66%	34%
Question 7	Has a family member or friend said that you are becoming forgetful?	23%	77%
Question 8	Has this forgetfulness gotten worse in recent months?	64%	36%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	64%	36%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	64%	36%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	47%	53%
Question 12	Are you unable to raise your arms above shoulder level?	85%	15%
Question 13	Have you had any difficulty handling and holding small objects lately?	74%	26%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	85%	15%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	62%	38%
Question 16	Have you had two or more falls in the last year?	94%	6%
Question 17	Have you ever had unintentional leakage of urine or feces?	70%	30%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	83%	17%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	77%	23%

HOSPITAL BANGU

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	5%	95%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	78%	22%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	84%	16%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	64%	36%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	88%	12%
Question 7	Has a family member or friend said that you are becoming forgetful?	12%	88%
Question 8	Has this forgetfulness gotten worse in recent months?	84%	16%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	84%	16%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	90%	10%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	8%	92%
Question 12	Are you unable to raise your arms above shoulder level?	98%	2%
Question 13	Have you had any difficulty handling and holding small objects lately?	88%	12%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	77%	23%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	66%	34%
Question 16	Have you had two or more falls in the last year?	86%	14%
Question 17	Have you ever had unintentional leakage of urine or feces?	85%	15%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	17%	83%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	97%	3%

HOSPITAL BARRA D'OR

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	39%	61%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	37%	63%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	80%	20%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	23%	77%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	42%	58%
Question 7	Has a family member or friend said that you are becoming forgetful?	49%	51%
Question 8	Has this forgetfulness gotten worse in recent months?	64%	36%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	64%	36%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	68%	32%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	73%	27%
Question 12	Are you unable to raise your arms above shoulder level?	63%	37%
Question 13	Have you had any difficulty handling and holding small objects lately?	71%	29%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	78%	22%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	35%	65%
Question 16	Have you had two or more falls in the last year?	77%	23%
Question 17	Have you ever had unintentional leakage of urine or feces?	62%	38%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	86%	14%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	87%	13%

HOSPITAL BARTIRA

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	25%	75%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	39%	61%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	51%	49%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	37%	63%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	58%	42%
Question 7	Has a family member or friend said that you are becoming forgetful?	41%	59%
Question 8	Has this forgetfulness gotten worse in recent months?	60%	40%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	60%	40%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	60%	40%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	36%	64%
Question 12	Are you unable to raise your arms above shoulder level?	91%	9%
Question 13	Have you had any difficulty handling and holding small objects lately?	48%	52%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	82%	18%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	32%	68%
Question 16	Have you had two or more falls in the last year?	85%	15%
Question 17	Have you ever had unintentional leakage of urine or feces?	46%	54%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	73%	27%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	58%	42%

HOSPITAL E MATERNIDADE BRASIL

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	20%	80%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	44%	56%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	28%	72%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	44%	56%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	84%	16%
Question 7	Has a family member or friend said that you are becoming forgetful?	32%	68%
Question 8	Has this forgetfulness gotten worse in recent months?	56%	44%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	56%	44%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	72%	28%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	24%	76%
Question 12	Are you unable to raise your arms above shoulder level?	100%	0%
Question 13	Have you had any difficulty handling and holding small objects lately?	92%	8%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	96%	4%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	80%	20%
Question 16	Have you had two or more falls in the last year?	96%	4%
Question 17	Have you ever had unintentional leakage of urine or feces?	76%	24%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	92%	8%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	80%	20%

HOSPITAL CAXIAS D'OR

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	40%	60%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	63%	37%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	63%	37%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	84%	16%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	76%	24%
Question 7	Has a family member or friend said that you are becoming forgetful?	15%	85%
Question 8	Has this forgetfulness gotten worse in recent months?	47%	53%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	47%	53%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	74%	26%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	33%	67%
Question 12	Are you unable to raise your arms above shoulder level?	89%	11%
Question 13	Have you had any difficulty handling and holding small objects lately?	93%	7%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	89%	11%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	71%	29%
Question 16	Have you had two or more falls in the last year?	85%	15%
Question 17	Have you ever had unintentional leakage of urine or feces?	67%	33%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	84%	16%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	87%	13%

HOSPITAL CENTRAL LESTE

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	21%	79%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	32%	68%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	64%	36%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	38%	62%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	79%	21%
Question 7	Has a family member or friend said that you are becoming forgetful?	96%	4%
Question 8	Has this forgetfulness gotten worse in recent months?	98%	2%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	98%	2%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	96%	4%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	62%	38%
Question 12	Are you unable to raise your arms above shoulder level?	91%	9%
Question 13	Have you had any difficulty handling and holding small objects lately?	94%	6%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	91%	9%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	40%	60%
Question 16	Have you had two or more falls in the last year?	98%	2%
Question 17	Have you ever had unintentional leakage of urine or feces?	87%	13%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	96%	4%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	94%	6%

HOSPITAL COPA D'OR

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	15%	85%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	81%	19%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	83%	17%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	79%	21%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	12%	88%
Question 7	Has a family member or friend said that you are becoming forgetful?	89%	11%
Question 8	Has this forgetfulness gotten worse in recent months?	90%	10%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	90%	10%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	91%	9%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	95%	5%
Question 12	Are you unable to raise your arms above shoulder level?	97%	3%
Question 13	Have you had any difficulty handling and holding small objects lately?	92%	8%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	100%	0%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	72%	28%
Question 16	Have you had two or more falls in the last year?	95%	5%
Question 17	Have you ever had unintentional leakage of urine or feces?	80%	20%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	94%	6%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	98%	2%

HOSPITAL ESPERANÇA OLINDA

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	1%	99%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	49%	51%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	46%	54%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	45%	55%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	67%	33%
Question 7	Has a family member or friend said that you are becoming forgetful?	37%	63%
Question 8	Has this forgetfulness gotten worse in recent months?	51%	49%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	51%	49%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	72%	28%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	75%	25%
Question 12	Are you unable to raise your arms above shoulder level?	86%	14%
Question 13	Have you had any difficulty handling and holding small objects lately?	73%	27%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	94%	6%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	64%	36%
Question 16	Have you had two or more falls in the last year?	90%	10%
Question 17	Have you ever had unintentional leakage of urine or feces?	63%	37%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	98%	2%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	98%	2%

HOSPITAL ESPERANÇA RECIFE

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	20%	80%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	51%	49%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	64%	36%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	47%	53%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	73%	27%
Question 7	Has a family member or friend said that you are becoming forgetful?	46%	54%
Question 8	Has this forgetfulness gotten worse in recent months?	55%	45%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	55%	45%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	71%	29%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	44%	56%
Question 12	Are you unable to raise your arms above shoulder level?	93%	7%
Question 13	Have you had any difficulty handling and holding small objects lately?	87%	13%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	91%	9%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	74%	26%
Question 16	Have you had two or more falls in the last year?	89%	11%
Question 17	Have you ever had unintentional leakage of urine or feces?	84%	16%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	88%	12%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	94%	6%

HOSPITAL MEMORIAL SÃO JOSÉ

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	35%	65%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	91%	9%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	90%	10%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	84%	16%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	83%	17%
Question 7	Has a family member or friend said that you are becoming forgetful?	21%	79%
Question 8	Has this forgetfulness gotten worse in recent months?	53%	47%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	53%	47%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	82%	18%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	46%	54%
Question 12	Are you unable to raise your arms above shoulder level?	85%	15%
Question 13	Have you had any difficulty handling and holding small objects lately?	79%	21%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	90%	10%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	60%	40%
Question 16	Have you had two or more falls in the last year?	79%	21%
Question 17	Have you ever had unintentional leakage of urine or feces?	71%	29%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	99%	1%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	97%	3%

HOSPITAL NITERÓI D'OR

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	25%	75%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	25%	75%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	25%	75%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	25%	75%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	50%	50%
Question 7	Has a family member or friend said that you are becoming forgetful?	0%	100%
Question 8	Has this forgetfulness gotten worse in recent months?	25%	75%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	25%	75%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	75%	25%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	50%	50%
Question 12	Are you unable to raise your arms above shoulder level?	75%	25%
Question 13	Have you had any difficulty handling and holding small objects lately?	75%	25%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	100%	0%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	50%	50%
Question 16	Have you had two or more falls in the last year?	50%	50%
Question 17	Have you ever had unintentional leakage of urine or feces?	100%	0%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	50%	50%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	100%	0%

HOSPITAL NORTE D'OR

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	4%	96%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	22%	78%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	42%	58%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	54%	46%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	64%	36%
Question 7	Has a family member or friend said that you are becoming forgetful?	58%	42%
Question 8	Has this forgetfulness gotten worse in recent months?	64%	36%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	64%	36%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	63%	37%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	82%	18%
Question 12	Are you unable to raise your arms above shoulder level?	54%	46%
Question 13	Have you had any difficulty handling and holding small objects lately?	33%	67%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	78%	22%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	34%	66%
Question 16	Have you had two or more falls in the last year?	86%	14%
Question 17	Have you ever had unintentional leakage of urine or feces?	9%	91%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	85%	15%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	88%	12%

HOSPITAL OESTE D'OR

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	63%	37%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	63%	37%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	77%	23%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	51%	49%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	76%	24%
Question 7	Has a family member or friend said that you are becoming forgetful?	68%	32%
Question 8	Has this forgetfulness gotten worse in recent months?	83%	17%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	83%	17%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	77%	23%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	65%	35%
Question 12	Are you unable to raise your arms above shoulder level?	79%	21%
Question 13	Have you had any difficulty handling and holding small objects lately?	79%	21%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	88%	12%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	60%	40%
Question 16	Have you had two or more falls in the last year?	96%	4%
Question 17	Have you ever had unintentional leakage of urine or feces?	77%	23%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	77%	23%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	92%	8%

HOSPITAL QUINTA D'OR

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	4%	96%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	18%	82%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	9%	91%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	7%	93%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	32%	68%
Question 7	Has a family member or friend said that you are becoming forgetful?	45%	55%
Question 8	Has this forgetfulness gotten worse in recent months?	45%	55%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	45%	55%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	34%	66%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	51%	49%
Question 12	Are you unable to raise your arms above shoulder level?	79%	21%
Question 13	Have you had any difficulty handling and holding small objects lately?	67%	33%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	91%	9%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	15%	85%
Question 16	Have you had two or more falls in the last year?	80%	20%
Question 17	Have you ever had unintentional leakage of urine or feces?	34%	66%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	48%	52%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	70%	30%

HOSPITAL RIO BARRA

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	12%	88%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	36%	64%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	44%	56%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	24%	76%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	76%	24%
Question 7	Has a family member or friend said that you are becoming forgetful?	8%	92%
Question 8	Has this forgetfulness gotten worse in recent months?	32%	68%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	32%	68%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	44%	56%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	32%	68%
Question 12	Are you unable to raise your arms above shoulder level?	64%	36%
Question 13	Have you had any difficulty handling and holding small objects lately?	56%	44%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	92%	8%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	40%	60%
Question 16	Have you had two or more falls in the last year?	68%	32%
Question 17	Have you ever had unintentional leakage of urine or feces?	36%	64%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	52%	48%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	56%	44%

HOSPITAL RIOS D'OR

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	22%	78%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	74%	26%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	76%	24%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	83%	17%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	85%	15%
Question 7	Has a family member or friend said that you are becoming forgetful?	59%	41%
Question 8	Has this forgetfulness gotten worse in recent months?	70%	30%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	70%	30%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	78%	22%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	63%	37%
Question 12	Are you unable to raise your arms above shoulder level?	84%	16%
Question 13	Have you had any difficulty handling and holding small objects lately?	86%	14%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	93%	7%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	68%	32%
Question 16	Have you had two or more falls in the last year?	85%	15%
Question 17	Have you ever had unintentional leakage of urine or feces?	70%	30%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	18%	82%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	65%	35%

HOSPITAL SAMER

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	51%	49%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	56%	44%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	62%	38%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	67%	33%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	87%	13%
Question 7	Has a family member or friend said that you are becoming forgetful?	18%	82%
Question 8	Has this forgetfulness gotten worse in recent months?	89%	11%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	89%	11%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	89%	11%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	73%	27%
Question 12	Are you unable to raise your arms above shoulder level?	89%	11%
Question 13	Have you had any difficulty handling and holding small objects lately?	91%	9%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	91%	9%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	73%	27%
Question 16	Have you had two or more falls in the last year?	87%	13%
Question 17	Have you ever had unintentional leakage of urine or feces?	80%	20%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	98%	2%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	96%	4%

HOSPITAL SANTA HELENA

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	64%	36%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	75%	25%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	78%	22%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	76%	24%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	91%	9%
Question 7	Has a family member or friend said that you are becoming forgetful?	54%	46%
Question 8	Has this forgetfulness gotten worse in recent months?	80%	20%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	80%	20%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	89%	11%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	75%	25%
Question 12	Are you unable to raise your arms above shoulder level?	95%	5%
Question 13	Have you had any difficulty handling and holding small objects lately?	93%	7%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	91%	9%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	78%	22%
Question 16	Have you had two or more falls in the last year?	85%	15%
Question 17	Have you ever had unintentional leakage of urine or feces?	73%	27%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	92%	8%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	92%	8%

HOSPITAL SANTA ISABEL

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	33%	67%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	64%	36%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	70%	30%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	67%	33%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	72%	28%
Question 7	Has a family member or friend said that you are becoming forgetful?	49%	51%
Question 8	Has this forgetfulness gotten worse in recent months?	78%	22%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	78%	22%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	86%	14%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	55%	45%
Question 12	Are you unable to raise your arms above shoulder level?	97%	3%
Question 13	Have you had any difficulty handling and holding small objects lately?	97%	3%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	86%	14%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	47%	53%
Question 16	Have you had two or more falls in the last year?	83%	17%
Question 17	Have you ever had unintentional leakage of urine or feces?	58%	42%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	54%	46%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	73%	27%

HOSPITAL SANTA LUZIA

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	13%	87%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	65%	35%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	67%	33%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	34%	66%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	84%	16%
Question 7	Has a family member or friend said that you are becoming forgetful?	14%	86%
Question 8	Has this forgetfulness gotten worse in recent months?	45%	55%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	45%	55%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	86%	14%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	24%	76%
Question 12	Are you unable to raise your arms above shoulder level?	95%	5%
Question 13	Have you had any difficulty handling and holding small objects lately?	94%	6%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	97%	3%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	47%	53%
Question 16	Have you had two or more falls in the last year?	94%	6%
Question 17	Have you ever had unintentional leakage of urine or feces?	83%	17%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	92%	8%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	92%	8%

HOSPITAL SÃO LUIZ ALPHAVILLE

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	58%	42%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	60%	40%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	62%	38%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	58%	42%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	51%	49%
Question 7	Has a family member or friend said that you are becoming forgetful?	36%	64%
Question 8	Has this forgetfulness gotten worse in recent months?	62%	38%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	62%	38%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	71%	29%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	78%	22%
Question 12	Are you unable to raise your arms above shoulder level?	87%	13%
Question 13	Have you had any difficulty handling and holding small objects lately?	89%	11%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	100%	0%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	56%	44%
Question 16	Have you had two or more falls in the last year?	87%	13%
Question 17	Have you ever had unintentional leakage of urine or feces?	69%	31%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	91%	9%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	84%	16%

HOSPITAL SÃO LUIZ CAMPINAS

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	11%	89%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	56%	44%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	64%	36%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	56%	44%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	83%	17%
Question 7	Has a family member or friend said that you are becoming forgetful?	74%	26%
Question 8	Has this forgetfulness gotten worse in recent months?	86%	14%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	86%	14%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	90%	10%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	22%	78%
Question 12	Are you unable to raise your arms above shoulder level?	90%	10%
Question 13	Have you had any difficulty handling and holding small objects lately?	88%	12%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	88%	12%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	55%	45%
Question 16	Have you had two or more falls in the last year?	81%	19%
Question 17	Have you ever had unintentional leakage of urine or feces?	93%	7%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	94%	6%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	93%	7%

HOSPITAL SÃO LUIZ GUARULHOS

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	3%	97%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	76%	24%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	84%	16%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	62%	38%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	88%	12%
Question 7	Has a family member or friend said that you are becoming forgetful?	3%	97%
Question 8	Has this forgetfulness gotten worse in recent months?	84%	16%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	84%	16%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	91%	9%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	0%	100%
Question 12	Are you unable to raise your arms above shoulder level?	97%	3%
Question 13	Have you had any difficulty handling and holding small objects lately?	86%	14%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	74%	26%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	65%	35%
Question 16	Have you had two or more falls in the last year?	89%	11%
Question 17	Have you ever had unintentional leakage of urine or feces?	88%	12%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	5%	95%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	96%	4%

HOSPITAL SÃO LUIZ ITAIM

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	17%	83%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	92%	8%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	83%	17%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	75%	25%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	92%	8%
Question 7	Has a family member or friend said that you are becoming forgetful?	67%	33%
Question 8	Has this forgetfulness gotten worse in recent months?	83%	17%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	83%	17%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	83%	17%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	58%	42%
Question 12	Are you unable to raise your arms above shoulder level?	100%	0%
Question 13	Have you had any difficulty handling and holding small objects lately?	100%	0%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	92%	8%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	75%	25%
Question 16	Have you had two or more falls in the last year?	67%	33%
Question 17	Have you ever had unintentional leakage of urine or feces?	67%	33%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	92%	8%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	100%	0%

HOSPITAL SÃO LUIZ JABAQUARA

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	100%	100%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	50%	50%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	50%	50%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	50%	50%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	50%	50%
Question 7	Has a family member or friend said that you are becoming forgetful?	50%	50%
Question 8	Has this forgetfulness gotten worse in recent months?	50%	50%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	50%	50%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	50%	50%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	50%	50%
Question 12	Are you unable to raise your arms above shoulder level?	100%	0%
Question 13	Have you had any difficulty handling and holding small objects lately?	100%	0%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	50%	50%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	0%	100%
Question 16	Have you had two or more falls in the last year?	100%	0%
Question 17	Have you ever had unintentional leakage of urine or feces?	50%	50%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	50%	50%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	100%	0%

HOSPITAL SÃO LUIZ MORUMBI

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	16%	84%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	63%	37%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	69%	31%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	66%	34%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	65%	35%
Question 7	Has a family member or friend said that you are becoming forgetful?	73%	27%
Question 8	Has this forgetfulness gotten worse in recent months?	77%	23%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	77%	23%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	82%	18%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	83%	17%
Question 12	Are you unable to raise your arms above shoulder level?	97%	3%
Question 13	Have you had any difficulty handling and holding small objects lately?	94%	6%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	96%	4%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	68%	32%
Question 16	Have you had two or more falls in the last year?	86%	14%
Question 17	Have you ever had unintentional leakage of urine or feces?	68%	32%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	99%	1%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	98%	2%

HOSPITAL SÃO LUIZ OSASCO

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	25%	75%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	50%	50%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	53%	47%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	38%	62%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	25%	75%
Question 7	Has a family member or friend said that you are becoming forgetful?	81%	19%
Question 8	Has this forgetfulness gotten worse in recent months?	88%	12%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	88%	12%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	78%	22%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	90%	10%
Question 12	Are you unable to raise your arms above shoulder level?	93%	7%
Question 13	Have you had any difficulty handling and holding small objects lately?	83%	17%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	90%	10%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	40%	60%
Question 16	Have you had two or more falls in the last year?	85%	15%
Question 17	Have you ever had unintentional leakage of urine or feces?	68%	32%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	75%	25%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	94%	6%

HOSPITAL SÃO LUIZ SÃO CAETANO

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	13%	87%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	24%	76%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	34%	66%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	22%	78%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	56%	44%
Question 7	Has a family member or friend said that you are becoming forgetful?	44%	56%
Question 8	Has this forgetfulness gotten worse in recent months?	77%	23%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	77%	23%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	82%	18%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	15%	85%
Question 12	Are you unable to raise your arms above shoulder level?	70%	30%
Question 13	Have you had any difficulty handling and holding small objects lately?	61%	39%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	86%	14%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	52%	48%
Question 16	Have you had two or more falls in the last year?	82%	18%
Question 17	Have you ever had unintentional leakage of urine or feces?	17%	83%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	36%	64%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	81%	19%

HOSPITAL SÃO MARCOS

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	4%	96%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	21%	79%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	16%	84%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	55%	45%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	44%	56%
Question 7	Has a family member or friend said that you are becoming forgetful?	8%	92%
Question 8	Has this forgetfulness gotten worse in recent months?	89%	11%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	89%	11%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	70%	30%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	67%	33%
Question 12	Are you unable to raise your arms above shoulder level?	77%	23%
Question 13	Have you had any difficulty handling and holding small objects lately?	95%	5%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	97%	3%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	55%	45%
Question 16	Have you had two or more falls in the last year?	92%	8%
Question 17	Have you ever had unintentional leakage of urine or feces?	12%	88%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	100%	0%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	99%	1%

HOSPITAL SÃO RAFAEL

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	4%	96%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	21%	79%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	16%	84%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	55%	45%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	44%	56%
Question 7	Has a family member or friend said that you are becoming forgetful?	8%	92%
Question 8	Has this forgetfulness gotten worse in recent months?	89%	11%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	89%	11%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	70%	30%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	67%	33%
Question 12	Are you unable to raise your arms above shoulder level?	77%	23%
Question 13	Have you had any difficulty handling and holding small objects lately?	95%	5%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	97%	3%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	55%	45%
Question 16	Have you had two or more falls in the last year?	92%	8%
Question 17	Have you ever had unintentional leakage of urine or feces?	12%	88%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	100%	0%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	99%	1%

HOSPITAL VILLA LOBOS

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	18%	82%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	27%	73%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	11%	89%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	16%	84%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	38%	62%
Question 7	Has a family member or friend said that you are becoming forgetful?	13%	87%
Question 8	Has this forgetfulness gotten worse in recent months?	20%	80%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	20%	80%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	24%	76%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	33%	67%
Question 12	Are you unable to raise your arms above shoulder level?	47%	53%
Question 13	Have you had any difficulty handling and holding small objects lately?	20%	80%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	49%	51%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	22%	78%
Question 16	Have you had two or more falls in the last year?	60%	40%
Question 17	Have you ever had unintentional leakage of urine or feces?	47%	53%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	18%	82%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	36%	64%

HOSPITAL VIVALLE

Question		Excellent, very good, or good	Fair or poor
Question 2	In general, compared to other people your age, would you say your health is?	49%	51%
Question		No	Yes
Question 3	Have you stopped shopping because of your health or physical condition?	68%	33%
Question 4	Have you stopped keeping track of your spending or paying your household bills due to your health?	85%	15%
Question 5	Have you had difficulty performing simple household tasks such as washing dishes, tidying up, or light cleaning?	73%	27%
Question 6	Because of your health or physical condition, have you stopped bathing yourself?	80%	20%
Question 7	Has a family member or friend said that you are becoming forgetful?	13%	87%
Question 8	Has this forgetfulness gotten worse in recent months?	52%	48%
Question 9	Is this forgetfulness preventing you from performing any daily activities?	52%	48%
Question 10	In the last month, have you felt discouraged, sad, or hopeless?	87%	13%
Question 11	In the last month, have you lost interest or pleasure in activities that you previously enjoyed?	56%	44%
Question 12	Are you unable to raise your arms above shoulder level?	89%	11%
Question 13	Have you had any difficulty handling and holding small objects lately?	94%	6%
Question 14	Have you lost 6 kg unintentionally in the last 6 months or 3 kg in the last month?	82%	18%
Question 15	Do you have difficulty walking that prevents you from performing any daily activities?	70%	30%
Question 16	Have you had two or more falls in the last year?	85%	15%
Question 17	Have you ever had unintentional leakage of urine or feces?	58%	42%
Question 18	Do you have vision problems that prevent you from performing any daily activities?	91%	9%
Question 19	Do you have hearing problems that prevent you from performing any daily activities?	90%	10%

Bone Marrow Transplantation

Bone marrow transplantation (BMT) is indicated for the treatment of approximately 80 hematological and autoimmune diseases, including leukemia, lymphoma, multiple myeloma, and severe aplastic anemia. The procedure represents an important therapeutic option, capable of restoring normal blood cell production and offering patients greater survival and quality of life.

Rede D'Or has more than 87,000 physicians on its clinical staff, distributed among hospitals, outpatient clinics, and offices located in the states of Rio de Janeiro, São Paulo, the Federal District, Sergipe, Pernambuco, Maranhão, and Bahia. The institution has centers specializing in bone marrow transplants, equipped with state-of-the-art technology and a focus on continuous innovation.

The D'Or Institute for Research and Education (IDOR) has distinguished itself in encouraging scientific research, promoting impact studies, and contributing to the constant improvement of healthcare practices. Among its initiatives of excellence, the systematic monitoring of the quality of life of patients undergoing transplantation stands out.

For this assessment, the Functional Assessment of Cancer Therapy - Bone Marrow Transplantation (FACT-BMT) instrument is used, an internationally created and validated instrument in Portuguese that considers functional and psychosocial aspects. The questionnaire consists of five domains: physical well-being (fatigue, pain, nausea, energy), social/family (support and relationships), emotional (fear, sadness, acceptance of the disease), functional (ability to perform daily activities and work), and additional concerns.

The sum of the scores for the dimensions results in a final score, in which higher values indicate a better quality of life. This approach allows for a comprehensive analysis of the impact of treatment and supports patient-centered care strategies.

Vila Nova Star Experience

Scale used: FACT-BMT (Version 4)

Collection period: Quality of life is assessed at three points in time: Before Bone Marrow Transplant; 100 days after Transplant; and 1 year after Bone Marrow Transplant.

Total number of patients monitored using PROMs: 17 patients

Adherence rate:

- 88% at the pre-transplant stage,
- 33% on day 100
- 44% at 1 year.

Results:

- 70.59% received allogeneic transplants
- the survival rate on day 100 was 93.33% and at 1 year 88.89%
- 80% had no readmission within 100 days

Average result of patients evaluated pre-transplant

Average - Pre-TMO FACT-BMT score



Average score of patients evaluated 100 days after transplantation

Average - FACT-BMT score on day 100



Average result of patients evaluated 1 year after transplant

Average - FACT-BMT score 1 year



Quinta D'Or Experience

Scale used: FACT-BMT (Version 4)

Collection period: Quality of life is assessed at three points in time: Before bone marrow transplantation; 100 days after transplantation; 6 months after transplantation; and 1 year after bone marrow transplantation.

Total number of patients monitored using PROMs: 10 patients

Adherence rate:

- 60% at the pre-transplant stage;
- 67% on day 100;
- No eligible patients at 1 year and 6 months

TMO 2025 results:

- 53% received allogeneic transplants
- 84% had no readmission within 100 days
- 95% survival rate after 100 days

Average result of patients evaluated pre-transplant

Average - Pre-TMO FACT-BMT score



Average score of patients evaluated 100 days after transplantation

Average - FACT-BMT score on day 100



Kidney Transplantation

Chronic kidney disease (CKD) is characterized by progressive and irreversible loss of kidney function. In Brazil, according to the Brazilian Society of Nephrology, approximately 140,000 people live with CKD, a number that grows annually.

Kidney transplantation is recognized as the main form of treatment for advanced cases of the disease, providing longer survival and a significant improvement in patients' quality of life.

At Rede D'Or, the kidney transplantation program has a multidisciplinary team that offers comprehensive and specialized care to CKD patients. Since its implementation in 2021, more than 155 transplants have been performed, consolidating Rede D'Or as a reference in this procedure.

With a focus on continuous care and quality of life assessment, the SF-36 questionnaire is used. This easy-to-use tool assesses eight dimensions related to the physical and emotional components of patient health. Scores range from 0 (worst health status) to 100 (best health status) and are analyzed individually, allowing for accurate identification of the needs and impacts of treatment on the transplant recipient's life.

Gloria D'Or Experience

Collection period: Quality of life is assessed at three points in time: pre-transplant, and 3 and 6 months after surgery.

Total number of patients monitored using PROMs:

- Pre-transplant: 51 patients
- Post-transplant: 17 patients
 - 2023 - 1 patient
 - 2024 - 2 patients
 - 2025 - 14 patients

General age range: 25 to 72 years

Percentage of patients by gender:

- 31.4% female
- 68.6% male

Questionnaire response rate after transplant:

- 2023
 - 100% after 3 months
- 2024
 - 50% after 3 months
 - 50% after 6 months
- 2025
 - 75% after 3 months
 - 100% after 6 months

Table 1. Mean values obtained for each SF-36 dimension by time

Dimensions	Pre-transplant	3 months	6 months
Functional capacity	79,71	83,13	88,00
Physical aspects	50,00	65,63	100,00
Pain	76,03	90,00	79,70
General Health Status	48,49	63,75	60,00
Vitality	62,06	70,00	68,00
Social aspects	80,15	75,00	82,50
Emotional aspects	74,51	66,67	86,67
Mental health	71,84	75,00	72,80

Copa D'Or Experience

Collection period: Quality of life is assessed at three points in time: pre-transplant, and 3 and 6 months after surgery.

Total number of patients monitored using PROMs:

- Pre-transplant: 37 patients
- Post-transplant: 11 patients
- 2024 – 5 patients
- 2025 – 6 patients

Age range: 29 to 82 years

Percentage of patients by gender:

- 46% female
- 54% male

Questionnaire response rate after transplantation:

- 2024
 - 100% after 3 months
 - 60% after 6 months
- 2025
 - 83% after 3 months
 - 60% after 6 months

Table 2. Mean values obtained for each SF-36 dimension by time

Dimensions	Pre-transplant	3 months	6 months
Functional capacity	72,16	78,50	86,67
Physical aspects	45,95	57,50	50,00
Pain	67,57	60,53	73,75
General Health Status	44,05	55,50	57,50
Vitality	57,70	60,00	72,50
Social aspects	76,76	63,75	77,08
Emotional aspects	73,87	70,00	94,45
Mental health	89,84	70,40	77,33

São Rafael Experience

Collection period: Quality of life is assessed in patients monitored a São Rafael experience

Collection period: Quality of life is assessed in patients monitored after transplantation.

Total number of patients monitored using PROMs: 31 patients

Age range: 18 to 82 years

Percentage of patients by gender:

- 32.9% female
- 67.1% male

Program results:

- 93.2% patient survival
- 92.2% graft survival

Table 3. Mean values obtained for each SF-36 dimension in patients followed up

Dimensions	Post-transplantation
Functional capacity	66,77
Physical aspects	40,32
Pain	70,65
General health status	56,77
Vitality	66,61
Social aspects	65,73
Emotional aspects	60,22
Mental health	79,10

São Luiz Itaim Experience

Collection period: Quality of life is assessed in patients monitored after transplantation.

Total number of patients monitored through PROMs: 12 patients

Adherence rate: 42%

Program results:

- 100% patient survival
- 100% graft survival
- 54% had no readmission within 90 days

Table 4. Mean values obtained for each SF-36 dimension in monitored patients

Dimensions	Post-transplantation
Functional capacity	85,38
Physical aspects	73,08
Pain	83,08
General health status	60,00
Vitality	68,08
Social aspects	81,73
Emotional aspects	74,36
Mental health	81,54

Liver Transplantation

Liver transplantation is a highly complex procedure that represents an important therapeutic alternative for patients with advanced and irreversible liver disease. It is indicated in situations where liver function is severely compromised, such as in cases of advanced cirrhosis, liver cancer, and acute liver failure.

According to the Brazilian Transplant Registry, in 2024, 2,135 liver transplants in the country, totaling more than 20,000 procedures since 2013.

At Rede D'Or, the first liver transplant was performed in 2010. Since then, the institution has surpassed the milestone of 1,000 procedures, covering all modalities—adult, pediatric, living donor, deceased donor, and split donor. Rede D'Or also stands out for its structural and care advances, such as the creation of the first ICU specializing in hepatobiliary diseases.

The program has a highly specialized multidisciplinary team, composed of liver surgeons and transplant surgeons, hepatologists, endoscopists, pathologists, interventional radiologists, oncologists, psychologists, physical therapists, and nurses specializing in transplantation and hepatology. This integration ensures comprehensive and continuous care for patients.

With a focus on continuous care and quality of life assessment, the SF-36 questionnaire is used. This easy-to-use tool assesses eight dimensions related to the physical and emotional components of patient health. Scores range from 0 (worst health status) to 100 (best health status) and are analyzed individually, allowing for accurate identification of the needs and impacts of treatment on the transplant recipient's life.

Quinta D'Or Experience

Collection period: Quality of life is assessed annually after the procedure in all transplant patients followed up on an outpatient basis by Quinta D'Or.

Total number of patients monitored through PROMs: 18 patients in 2024

Average age: 54 years

Table 5. Mean values obtained for each SF-36 dimension

Dimensions	1 year
Functional capacity	85,56
Physical aspects	82,00
Pain	49,00
General health status	62,00
Vitality	81,00
Social aspects	85,00
Emotional aspects	67,00
Mental health	81,00

São Rafael experience

Collection period: Quality of life is assessed annually after the procedure in all transplant patients followed up on an outpatient basis by São Rafael.

Total number of patients monitored using PROMs: 10 patients

Table 6. Mean values obtained for each SF-36 dimension

Dimensions	Post-transplantation
Functional capacity	83,00
Physical aspects	77,50
Pain	73,00
General health status	68,50
Vitality	78,50
Social aspects	95,00
Emotional aspects	76,67
Mental health	80,40

Cerebrovascular accident

A cerebrovascular accident (CVA), commonly known as stroke, occurs when blood flow to part of the brain is interrupted (ischemic stroke) or when there is a rupture of an intracranial blood vessel (hemorrhagic stroke), causing damage to brain cells. The disease is the second leading cause of death in Brazil and the leading cause of disability worldwide. Approximately 70% of affected individuals do not return to work, and half of them become dependent on others to perform daily tasks.

Early diagnosis and treatment are crucial for functional recovery. The faster the care, the greater the chances of reversal of sequelae and reintegration into daily activities. Therefore, immediate recognition of signs and symptoms and access to a service capable of treating them are essential to reduce complications and mortality.

In this context, the application of PROMs plays a fundamental role in the longitudinal follow-up and rehabilitation of stroke patients, allowing the impact of the disease to be assessed from the patient's perspective and guiding the therapeutic plan.

Among the instruments used, the following stand out:

Modified Rankin Scale (mRS): a widely used tool to measure the degree of dependence and functional disability after stroke. The scale ranges from 0 to 6, with 0 equivalent to no symptoms and 6 corresponding to death.

EQ-5D-5L questionnaire: internationally validated instrument for assessing health-related quality of life (HRQoL). The questionnaire covers five dimensions—mobility, self-care, usual activities, pain/discomfort, and anxiety/depression—each with five levels of severity: no problems, mild problems, moderate problems, severe problems, and extreme problems.

The integration of these tools into clinical follow-up enables a comprehensive assessment of functional recovery and quality of life, helping to define more personalized and effective therapeutic strategies.

São Rafael Experience

Collection period: The questionnaire is administered 90 days after discharge.

Total number of patients monitored through PROMs: 98 patients from January 2024 to July 2025

Adherence rate: 47%

Results

- 71.74% of patients had a Rankin score ≤ 2

Table 7. Response frequency by dimension and levels after 90 days (01/2024-07/2025)

	Mobility	Personal Care	Usual Activities	Pain and Discomfort	Anxiety and Depression
Level 1 I have no problems	65,22%	69,57%	63,04%	65,22%	50,00%
Level 2 I have a problem	10,87%	10,87%	6,52%	17,39%	23,91%
Level 3 I have moderate problems	8,70%	4,35%	10,87%	8,70%	17,39%
Level 4 I have serious problems	10,87%	8,70%	15,22%	6,52%	6,52%
Level 5 I have extreme problems	4,35%	6,52%	4,35%	2,17%	2,17%

Pulmonology Asthma

Asthma is a common disease of the airways or bronchi caused by chronic inflammation of these passages. The main symptoms include: shortness of breath or difficulty breathing, tightness or heaviness in the chest, wheezing, and coughing.

The severity and intensity of symptoms can vary significantly between individuals and even in the same patient over time. At certain times, the disease may be mild with minimal symptoms; at others, there may be a significant worsening of symptoms.

Although there is no cure, there are effective treatments that can reduce symptoms and provide good control of the disease, improving patients' quality of life.

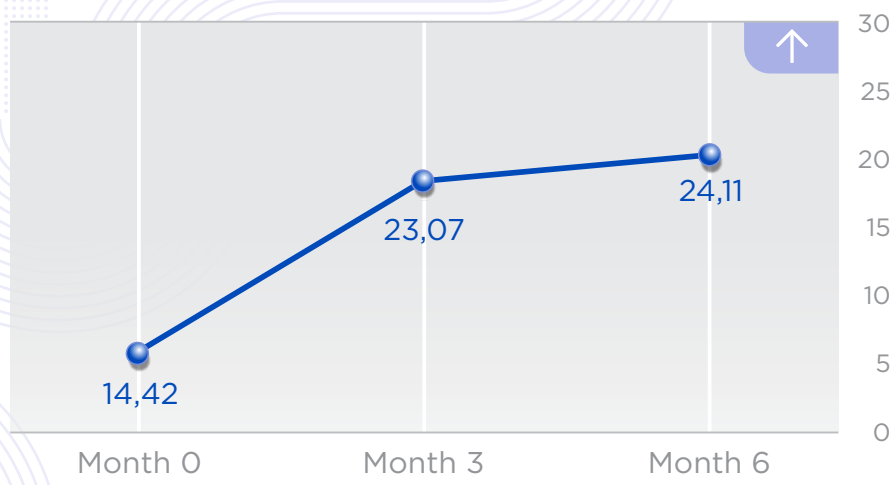
In this context, the application of PROMs (Patient-Reported Outcome Measures) is essential to ensure continuity and effectiveness of care.

To monitor asthmatic patients, the Asthma Control Test (ACT) Scale was used, consisting of five questions addressing symptoms and medication use in the last month. Each question is scored from 1 to 5, resulting in a maximum total score of 25. The higher the score, the better the asthma control.

Cardio-Pulmonary Experience

Asthma Control Test (ACT) scale - results from 26 patients monitored by the Nurse Navigator.

ACT: Patients with uncontrolled asthma – 2024-2025



- **25:** Fully controlled.
- **20-24:** Well controlled.
- **19 or less:** Not well controlled, indicating a potential need for treatment adjustment.
- **<16:** Very poorly controlled.

Clinical Emergencies: Sepsis

Sepsis, also known as generalized infection, is a serious condition. The Barthel Index is a widely used instrument to assess the degree of functional dependence in relation to basic activities of daily living. The score ranges from 0 to 100, with higher values indicating greater functional independence. Application of the scale is recommended at different points in clinical follow-up: admission, hospital discharge, and 30 days post-discharge, in order to monitor functional recovery over time.

The interpretation of the scores follows this classification:

- Complete independency (100 points);
- Mild dependency (91-99 points);
- Moderate dependency (51-90 points);
- Severe dependency (21-60 points);
- Total dependency (0-20 points).

In sepsis, functional assessment using the Barthel Index is especially relevant, since the syndrome is frequently associated with persistent physical, cognitive, and emotional deficits after hospital discharge. The incorporation of PROMs (Patient-Reported Outcome Measures), instruments that capture the patient's own perception of their health status, quality of life, and functionality, is fundamental to understanding the real impact of sepsis beyond traditional clinical outcomes such as mortality and length of hospital stay. The combined use of the Barthel Index and PROMs allows for a more comprehensive assessment of post-sepsis recovery, guiding rehabilitation strategies, outpatient follow-up, and policies aimed at improving the quality of care.

Quinta D'Or Experience

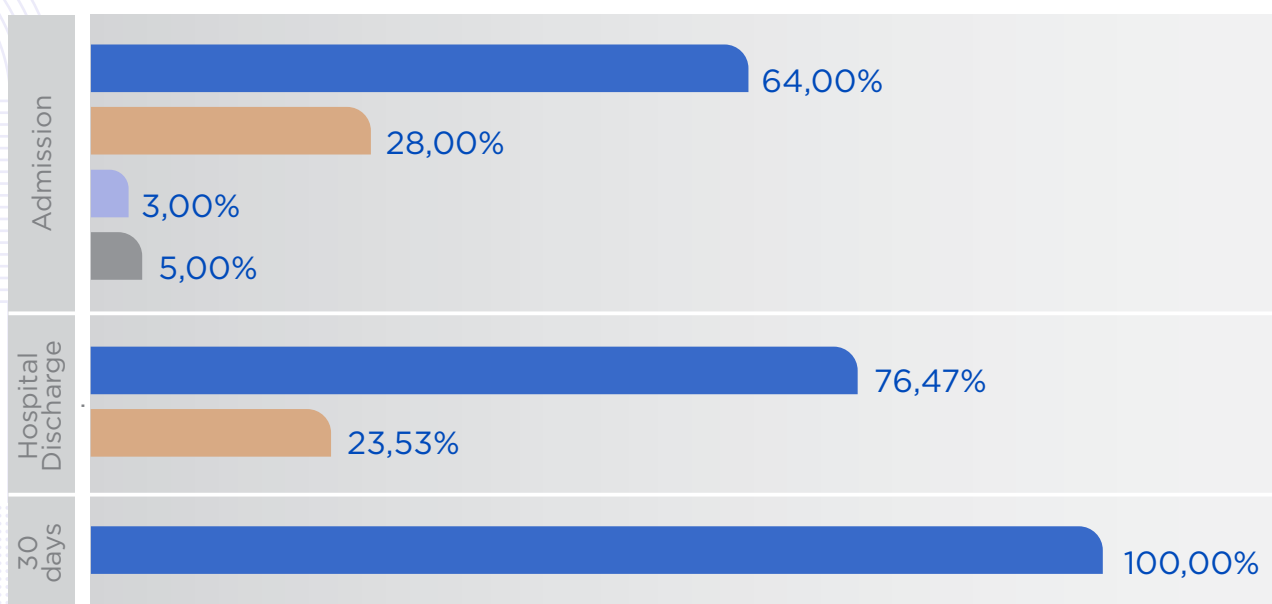
Scale used: Barthel Scale.

Data collection period: Patients were evaluated at admission, discharge, and 30 days after discharge in the year 2025.

- 96% of questionnaires completed upon admission;
- 81% completed the assessment at the time of discharge;
- 60% completed the evaluation 30 days after discharge.
- **94.12** is the Barthel average score at the time of admission;
- **96.47** is the Barthel average score at the time of discharge;
- **100** is the Barthel average score after 30 days.

Percentage of scores according to the Barthel Index at admission, discharge, and 30 days post-discharge.

Record ID Count



Barthel result:

- Total Dependency
- Moderate Dependency
- Mild Dependency
- Fully Independent

Barthel Admission



Average - Barthel at High



Average - Barthel after 30 days



Heart Failure

Hear failure (HF) is a complex clinical syndrome resulting from structural and/or functional abnormalities of the heart, which result in typical signs and symptoms such as dyspnea, orthopnea, lower limb edema, fatigue, and physical exercise intolerance.

Quality of life in patients with heart failure is strongly influenced by multiple factors: physical, social, emotional, and spiritual, reflecting the overall impact of the disease on the individual's well-being. Furthermore, quality of life is an important predictor of mortality, readmissions, and adverse clinical outcomes in these patients.

Given this context, continuous monitoring through Patient-Reported Outcome Measures (PROMs) represents a fundamental strategy for evaluating subjective aspects of health, as well as factors affecting autonomy, functional capacity, and self-care. Internationally validated instruments are used to assess these parameters, among which the following stand out:

- **Minnesota Living with Heart Failure Questionnaire (MLHFQ):** The Minnesota Living with Heart Failure Questionnaire (MLHFQ) is a tool used to assess the quality of life of patients with heart failure. It consists of 21 questions that seek to understand how the disease affects the patient's daily life in different aspects. The response scale for each question ranges from 0 (no) to 5 (too much), where 0 represents no limitations and 5 represents maximum limitation. These questions involve a physical dimension (1 to 7, 12 and 13) that are highly interrelated with dyspnea and fatigue, an emotional dimension (17 to 21), and socioeconomic dimensions (8, 9, 10, 11, 14, 15 and 16). It is a valuable tool and can be used to improve the care and treatment of these patients.
- **EQ-5D-3L Questionnaire:** an internationally validated instrument for assessing health-related quality of life (HRQoL). The questionnaire covers five dimensions – mobility, self-care, usual activities, pain/discomfort, and anxiety/depression – each with five levels of severity: no problems, mild problems, moderate problems, severe problems, and extreme problems.

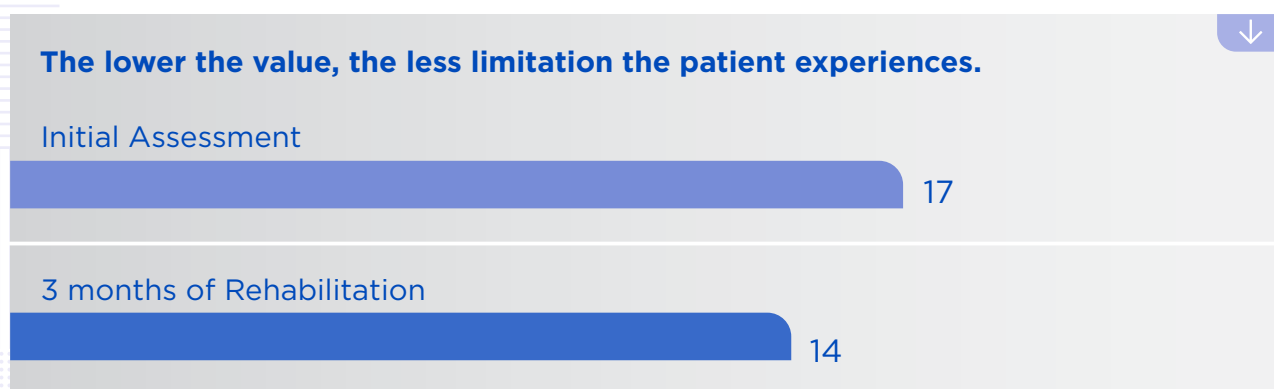
The combined use of these tools enables a comprehensive and patient-centered assessment, contributing to the monitoring of clinical evolution, the individualization of treatment, and the improvement of the quality of life of people living with heart failure.

Cardiopulmonary Experience

Heart Failure (HF) Helpline

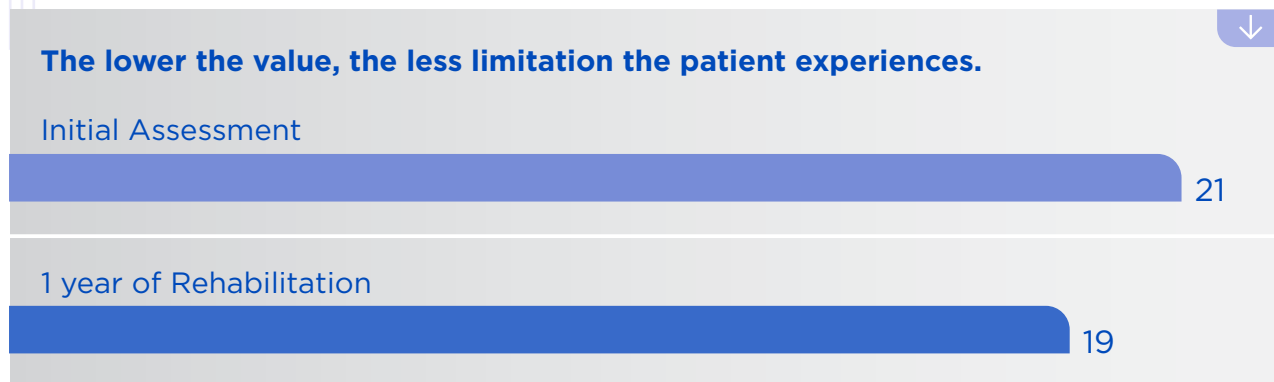
Minnesota Scale 3-month - results from 9 patients followed by Nurse Navigator.

Minnesota Assessment - Heart Failure Patients in Cardiac Rehabilitation.



Minnesota Scale 1-year - result for 5 patients monitored by the Nurse Navigator.

Evaluation of Minnesota patients in the Cardiac Rehabilitation Program.



*3 month chart - **9 patients**

*1 year chart - **5 patients**

Data Collection period: Since January 2019, the Cardiopulmonary Hospital has been evaluating the Quality of Life, using the EQ-5D-3L instrument, at intervals of 30 days and 6 months after discharge.

Total number of patients monitored using PROMS:

30 days = 415 patients

6 months = 217 patients

Table 8. Response frequency by dimension and levels at 30 days and 6 months

	Mobility		Personal care		Usual Activities		Pain and Discomfort		Anxiety and Depression	
	30 days	6 months	30 days	6 months	30 days	6 months	30 days	6 months	30 days	6 months
Level 1 I have no problems	59,51%	67,12%	66,42%	73,61%	63,52%	70,96%	65,61%	67,59%	59,12%	68,37%
Level 2 I have a problem	30,60%	25,92%	21,01%	18,05%	24,39%	22,11%	29,29%	29,16%	30,90%	23,72%
Level 3 I have extreme problems	9,87%	6,94%	12,56%	8,33%	12,07%	6,91%	5,08%	3,24%	9,97%	7,90%

Observations after 30 days: All patients responded regarding the Mobility domain; 1 did not respond regarding Personal Care and Usual Activities; 2 did not respond regarding Pain and Discomfort; and 4 did not respond regarding Anxiety and Depression.

Observations after 6 months: 1 patient did not respond regarding the Mobility domain; 1 did not respond regarding Personal Care, all responded regarding Usual Activities; 1 did not respond regarding Pain and Discomfort and 2 did not respond regarding Anxiety and Depression. (Excluded: Patients with HFpEF or without contact during follow-up = 130, deaths = 68)

Acute Myocardial Infarction

Acute myocardial infarction (AMI) is a serious clinical condition characterized by necrosis of myocardial tissue due to acute obstruction of a coronary artery, which compromises blood flow to the heart. The main symptoms include chest discomfort or pain, with or without dyspnea, nausea, and diaphoresis.

IAM is the leading cause of death in Brazil, with annual estimates of 300,000 to 400,000 cases, and approximately one death occurring for every 5 to 7 cases (Ministry of Health).

Overcoming a heart attack is a significant victory; however, the recovery phase is complex and can present immediate and late complications that directly influence the patient's prognosis and quality of life.

In this context, the use of PROMs proves to be a valuable strategy for monitoring the clinical evolution and well-being of the patient after hospital discharge, allowing for individualized interventions based on the individual's needs.

Among the instruments used, the following stand out:

- **EQ-5D-3L Questionnaire:** an internationally validated instrument for assessing health-related quality of life (HRQoL). The questionnaire covers five dimensions: mobility, self-care, usual activities, pain/discomfort, and anxiety/depression, each with five levels of severity: no problems, mild problems, moderate problems, severe problems, and extreme problems.
- **The Short Form 36 (SF-36)** is a widely used multidimensional questionnaire for assessing quality of life, allowing for the objective measurement of the impacts of therapeutic interventions and the comparison of different groups. It consists of 36 items distributed across 8 domains: functional capacity, physical aspects, pain, general health status, vitality, social aspects, emotional aspects and mental health. The scores are transformed into a scale of 0 to 100, with higher values indicating better quality of life.

The systematic application of these instruments allows for a comprehensive assessment of the well-being and functional autonomy of post-infarction patients, contributing to the planning of individualized rehabilitation strategies and to the improvement of long-term quality of life.

Hospital São Rafael Experience

Table 9. Average values obtained for each SF-36 dimension 30 days after discharge.

Dimensions	30 days
Functional capacity	96,00
Physical aspects	83,00
Pain	95,00
General Health Status	90,00
Vitality	89,00
Social aspects	94,00
Emotional aspects	89,00

Table 10. Response frequency by dimension and levels after 30 days post-discharge.

	Mobility	Personal care	Usual Activities	Pain and Discomfort	Anxiety and Depression
Level 1 I have no problems	93,75%	100,00%	81,25%	93,75%	62,50%
Level 2 I have a problem	6,25%	0,00%	18,75%	6,25%	31,25%
Level 3 I have extreme problems	0,00%	0,00%	0,00%	0,00%	6,25%

